

**Employee Assistance Professionals Association
South Central Wisconsin Chapter
2010 Training and Program Calendar**

Location: NewStart, 1015 Gammon Lane, Madison, 53719; Phone: 608-417-8144
8:30-9:00 Network, 9:00-10:00 EAPA Business Meeting; 10:00-12:00 Program Presentation
In February, April, and October Case Review begins at 8:45 until 10:00; there is no business meeting.

Date	Program and Presenters All programs are scheduled for 10:00 to 12:00
Jan 8	Improving Personal Relationships Through the New Brain <i>Don Ferguson</i>
Feb 5	Understanding and Developing Personal Resilience: Helping People Deal with Life's Challenges <i>Jeff Russell, RCI Inc.</i>
Mar 5	Personality Disorders in the Workplace <i>Dr. Teri Woods, The Psychology Center</i>
Apr 9	Disrespectful Behavior: Bullying, Disability or Violence? <i>Atty. Bob Gregg, Boardman Law Firm</i>
May 7	Domestic Abuse and the Workplace <i>Meghan Sohns, D.A.I.S.</i>
Jun 4	Sexual Addiction & the Impact on Partners <i>Jane James, MSSW, LCSW and Dan Brakarsh, Ph.D,</i> <i>Midwest Center for Psychotherapy and Sex Therapy</i>
Jul 9	Cutting and Self-Harm <i>Kurt Weber, Ph.D, Dept. of Veteran's Affairs</i>
Aug 6	No Meeting
Sep 10	Mindfulness Based Stress Reduction <i>Katherine Bonus, M.A., UW Integrative Medicine</i>
Oct 1	Chinese View of Disease, Mental Health Issues and Treatment <i>Kathleen Norris, C.A., Isthmus Acupuncture Center LLC</i>
Nov 5	Compulsive Hoarding <i>Craig Sawchuk, Psychologist, Dean Health Care</i>
Dec 3	Holiday Gathering (Location to be determined)

**Non-members are welcome to attend one session per year at no charge,
with a \$10 fee for each subsequent session.**